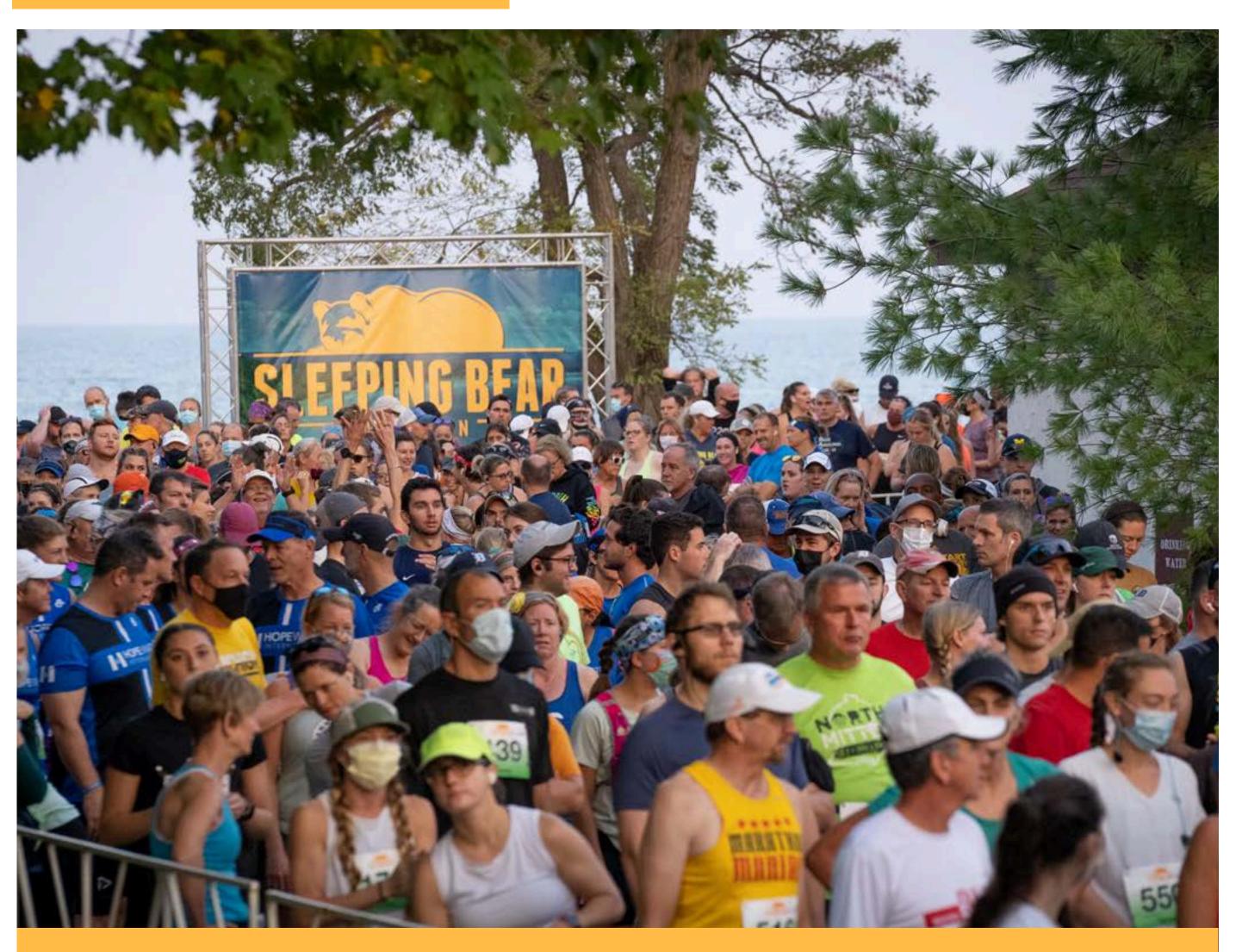
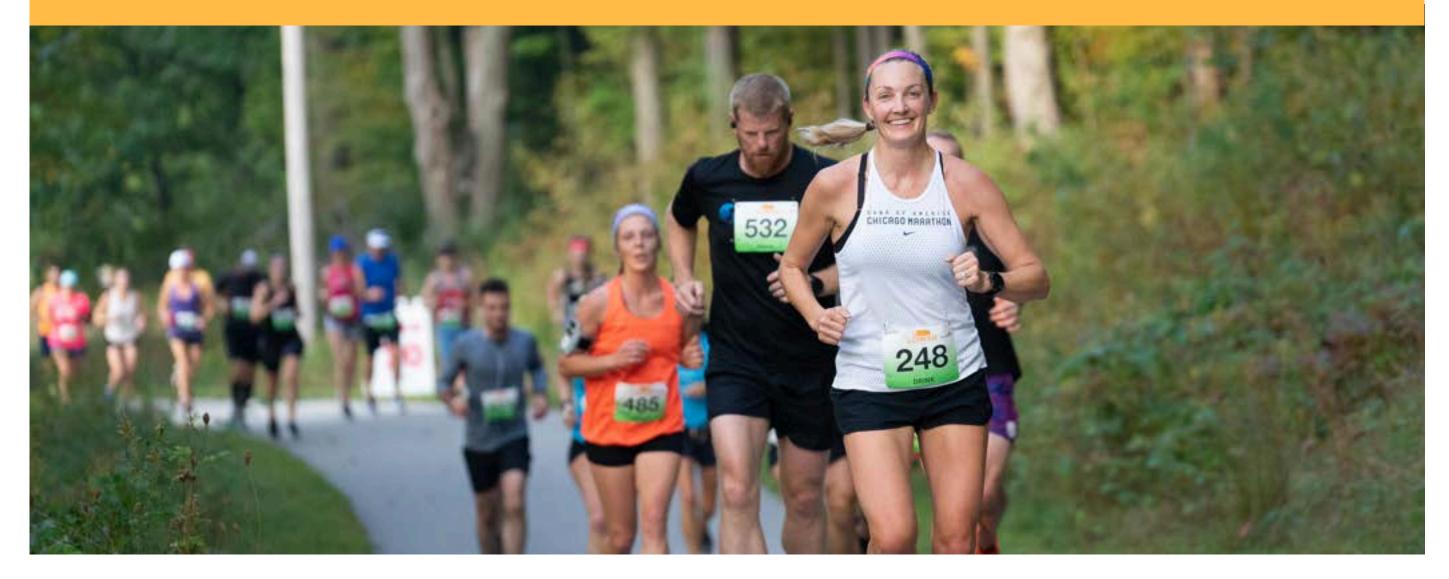
SLEEPING BEAR MARATHON

2024 RACE WEEK UPDATE



SATURDAY, OCTOBER 5

EMPIRE BEACH - EMPIRE, MICHIGAN



DATE & LOCATION

- DATE: SATURDAY, OCTOBER 5, 2024
- FINISH LOCATION: EMPIRE BEACH 10484 NIAGARA ST. EMPIRE, MI 49630
- HALF & FULL START LOCATION:

 DUNE CLIMB PARKING LOT OFF OF HWY

 109 AT HUNTER RD.
 - **5K START LOCATION:** <u>EMPIRE BEACH</u> 10484 NIAGARA ST. EMPIRE, MI 49630

START TIMES

- 7:30AM MARATHON
- 8:00AM HALF MARATHON
- **8:20AM** 5K RUN/WALK
- 1:30PM COURSE CLOSE

PACKET PICK-UP

FRIDAY OCTOBER 4, 2024

FLEET FEET - TRAVERSE CITY SOUTH
3301 SOUTH AIRPORT RD,
TRAVERSE CITY, MI 49684
TIME: 1:00PM EDT - 6:45PM EDT

SATURDAY OCTOBER 5, 2024

- HALF & FULL MARATHON:

 JOHNSON PARK 11698 S

 REYNOLDS ST. EMPIRE, MI

 49630
- 5K: EMPIRE BEACH 10484 NIAGARA ST. EMPIRE, MI 49630

6:00AM EDT - 8:15AM EDT

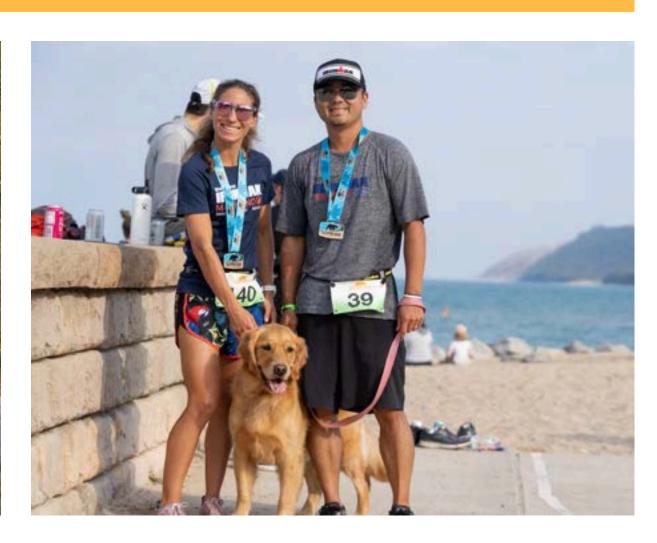
WE STRONGLY RECOMMEND PICKING UP YOUR PACKETS ON FRIDAY AT FLEET FEET



WHAT YOU GET

- Finisher Shirt and Medal
- Post-Race Refreshments and Snacks
- Professional Race Timing with Fast, Accurate Results
- Free Digital Race Photos From <u>Focal</u> <u>Flame Photography</u>
- Free Race Tracking with the RaceJoy Events App
- One of the Most Beautiful Running Courses Around





PARKING INFORMATION

Parking is located at Johnson Park.

This location is approximately a 5 minute walk to the 5K start/finish line and a 2 minute walk to the shuttle buses.

For navigation purposes, use this address: 11698 S Reynolds St. Empire, MI 49630. Overflow parking is in the downtown Empire area if needed. **All athletes and spectators must park at Johnson**Park or within Empire.

HALF AND FULL MARATHON ONLY

Shuttles will be available for half and full marathon athletes from Johnson Park, to the start line at Dune Climb Parking Lot off of Hwy 109 at Hunter Rd. Shuttles will run from 6:00AM - 7:45AM.

***Friends and Family MAY drop participants at Dune Climb Parking Lot. NO RACE PARKING IS

AVAILABLE AT DUNE CLIMB PARKING LOT!***

ARRIVE NO LATER THAN 6:45 FOR THE FULL, 7:15 FOR THE HALF AND 7:45 FOR THE 5K

SLEEPING BEAR DUNES TRAIL PASS

- Message from the National Park Service: "Participants may purchase their park pass at the
 visitor center, campgrounds, Dune Climb or Pierce Stocking Scenic Drive or online. They can
 also utilize the self pay stations at North Bar Lake, Peterson Road Beach or the Maritime
 Museum Beach. Other beaches have the self pay stations but those 3 are the closest to
 Empire. If they don't have time to purchase a pass before the race, they can always do it after
 the race is over."
- Full and half marathon participants **must** have a valid Sleeping Bear Dunes Entrance Pass on race day. Information can be found <u>here</u> to purchase a pass.
- Participants **DO NOT** need the Vehicle Entrance Pass. Full & Half Marathon Participants need the Per Person Entrance Pass (\$15)
- 5K participants, spectators, and volunteers **DO NOT** need a Sleeping Bear Dunes Entrance Pass

PARKING PASSES CAN BE PURCHASED HERE

GEAR CHECK

Please be prepared for the weather. Right now, forecast is calling for cool, possibly rainy conditions. We will have gear check available as well as options for toss away clothing in which we will donate your toss away items.

Each athlete is allowed 1 bag per person to be transported from the start line to the finish line. Athletes may provide their own bag or use a bag provided at the start line. Make sure to drop your bags at the van and make sure your bag is labeled with your BIB NUMBER. Your bag may be picked up at the finish line after your race. Make sure to have your bib with you to claim you bag. *

Please leave all valuables inside your car or with family/friends. Race Day Events is not liable for any lost or stolen items.

AWARDS

Overall:

Awards will be given for top 3 overall male and female in each distance.

Age Group:

The top three finishers (male and female) in each age division for all distances will win awards.

Male and Female Age divisions are:

19 and under, 20–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70–74, 75+

Overall Awards are included in Age Group Awards

COURSE INFORMATION

CLICK HERE TO VIEW THE COURSE MAPS

MAPS SUBJECT TO CHANGE PENDING PERMITS.

Don't forget to pick up your pre-purchased merchandise at Friday packet pickup or after the race!

SHUTTLE BUSES HALF AND FULL MARATHON ONLY

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SPONSORS









